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# WHO ARE WE?



The Mission of the Metro DC Hispanic Contractors Community Services, Inc. is to **enrich the lives** of immigrants and minorities in the Washington, DC metropolitan region by **strengthening** and **empowering** them through **food security**, Construction safety and **job training**, employment assistance, and **civic education** (collectively, the Priorities)

Metro DC Hispanic Contractors Community Services, Inc. 301-401-7317 metrodchccommunityservices@gmail.com



# IMPACT JUST THIS YEAR.

10545LBS

Fresh Protein and Vegetables 703

Food Packages Delivered

~100

Families Served DC & MD

Immigrant Families Served

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# WHAT ELSE?



#### WORKFORCE **DEVELOPMENT**



## **NUTRITION, HEALTH & WELLNESS EDUCATION**

Initiated CORE Construction Training Program for late Fall 2025:

- 10-week program, 2 sessions/week.
- OSHA-10 certification, construction math, blueprint reading, hand/power tool use, and job readiness.
- Goal: Train and certify at least 6 women from the Closing the GAP program for entry-level construction employment.
- Partner with employers to create employment opportunities for graduates of our program.

- - April 2025 Workshop Series: Focused on anti-inflammatory diets and affordable healthy eating.
  - Farm-to-Table Learning Tour (August 23, 2025):
    - o Partnered with ECO City Farms in Hyattsville, MD.
    - o Families learned about food production, distribution, and preparation.
    - · Prepared meals featuring quinoa, connecting cultural heritage with modern nutrition.



#### DIRECT FOOD AID



- 703 food packages delivered a significant increase over 2023.
- 10,545 pounds of fresh proteins and vegetables distributed.
- Served ~100 families monthly, up from 60 in 2023.
- · Reached immigrant families from Washington, D.C., Silver Spring, and Gaithersburg, MD—areas with high food insecurity rates.



- Volunteer leadership growth: Three Team Leaders (one DC, two MD) coordinated site operations.
- Families increasingly took active roles in distribution, building trust and community ownership.
- Women emerged as advocates for the program, aligning with Stop Hunger's focus on empowering individuals to become part of the solution.

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## **OUR PLANS FOR THE FUTURE.**

#### **BALTIMORE OUTREACH**

Currently exploring partnerships with the Metro Baltimore Hispanic Contractors Association to expand food distribution and training to Baltimore's growing immigrant population, late Fall of 2025.

## CONTINUED ALIGNMENT WITH SODEXO HUNGER FOUNDATION GOALS

Sodexo Goal	Alignment in Closing the GAP
Relieve immediate hunger	Monthly delivery of 703 food packages totaling 10,545 pounds of fresh, healthy food.
Promote nutrition education	Health and wellness workshops, farm-to-table tours, and culturally relevant cooking demonstrations.
Empower individuals toward self-sufficiency	Women in Construction pilot training for sustainable employment.
Engage the community	Volunteer leadership, family participation, multi-site coordination, and partnerships with local organizations.

## CONCLUSION

The Sodexo Stop Hunger Foundation's support made a measurable difference in reducing food insecurity, educating families on healthy eating, and laying the groundwork for long-term self-sufficiency. This year's accomplishments demonstrate that with the right partnerships, resources, and community engagement, we can close the gap between hunger and stability for immigrant families in the DC region.

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## THANKYOU.

